

# Church Together

Promises Are Meant To Be Kept

1st March 2026



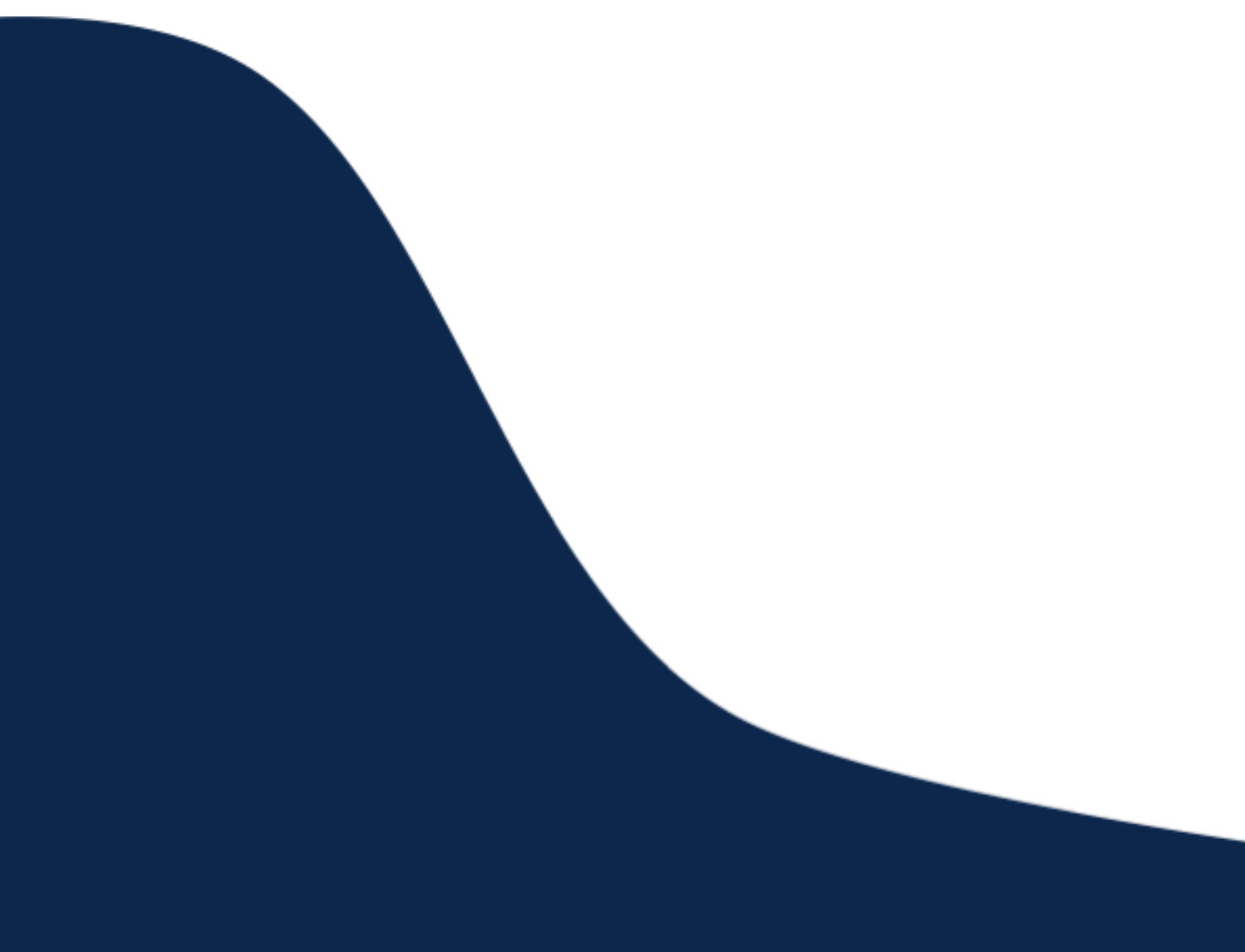
# Welcome

Today's Service is our annual: **Promise Sunday & Gift Day Family Service**

The Bible Reading for today's service is: **Genesis 9 v. 1 - 17**

The theme for our service today is: **Promises Are Meant To Be Kept**

We hope that you will be able to engage with everything that has been produced for today's service and that you would be able to **Remember That God Gives Us Signs Of His Promises To Us!**



# The Promises Of God

We are told that The Bible is full of God's promises to us and that it reminds us that He is faithful to us through those promises. One of the best known promises in the Bible can be found in **Genesis 9 v. 13 - 17** which talks about Rainbows. This powerful promise from God teach us more about His incredible character and the things he says he will do for us. Let's reflect on this rich promise to help us in whatever we are facing today. Take encouragement from the truth that God is with you, no matter what the circumstances may be.

# Opening Prayer

Loving heavenly Father, we thank you that you make wonderful promises to us and never break them. Help us to understand why they are so important and how we should respond to them. In Jesus' name.

**Amen**

---

# Song Suggestion

All Over The World, The Spirit Is  
Moving



# Promise

## Prayer – 1

Thank you, Father God, that all Your good promises are fulfilled in Christ Jesus. Thank you that we are abundantly blessed, that You have provided for all of our needs. Father God, help us to grasp the reality that every spiritual blessing is ours, to enable us to live in the fullness of Jesus' victory now and with hope for the future.

**Amen**

# Tithes, Gifts & Offerings

---

If you feel that you are able to, then please keep on giving to the work of the church here at Salendine Nook, with a generous and cheerful heart, praising God for all that he has given to you and share in the finances of the church.



# Bible Reading

**Genesis 9 v. 1 – 17 NIV**

## **God's Covenant With Noah**

9 Then God blessed Noah and his sons, saying to them, "Be fruitful and increase in number and fill the earth. 2 The fear and dread of you will fall on all the beasts of the earth, and on all the birds in the sky, on every creature that moves along the ground, and on all the fish in the sea; they are given into your hands. 3 Everything that lives and moves about will be food for you. Just as I gave you the green plants, I now give you everything.

4 "But you must not eat meat that has its lifeblood still in it. 5 And for your lifeblood I will surely demand an accounting. I will demand an accounting from every animal. And from each human being, too, I will demand an accounting for the life of another human being.

6 "Whoever sheds human blood, by humans shall their blood be shed; for in the image of God has God made mankind.

7 As for you, be fruitful and increase in number; multiply on the earth and increase upon it."

8 Then God said to Noah and to his sons with him: 9 "I now establish my covenant with you and with your descendants after you 10 and with every living creature that was with you—the birds, the livestock and all the wild animals, all those that came out of the ark with you—every living creature on earth. 11 I establish my covenant with you: Never again will all life be destroyed by the waters of a flood; never again will there be a flood to

destroy the earth.”

12 And God said, “This is the sign of the covenant I am making between me and you and every living creature with you, a covenant for all generations to come: 13 I have set my rainbow in the clouds, and it will be the sign of the covenant between me and the earth. 14 Whenever I bring clouds over the earth and the rainbow appears in the clouds, 15 I will remember my covenant between me and you and all living creatures of every kind. Never again will the waters become a flood to destroy all life. 16 Whenever the rainbow appears in the clouds, I will see it and remember the everlasting covenant between God and all living creatures of every kind on the earth.”

17 So God said to Noah, “This is the sign of the covenant I have established between me and all life on the earth.”

# Promise

## Prayer - 2

Lord Jesus, we thank you for the promises that you give to us this day. We praise you for the gift of another day - for your love that is new every morning, for our eyes that are open and our hearts that are beating; each of those mean that you have a plan for us. We don't know every step of your plan for us this day, but we know it will be for our good. We are confident it will be for your glory. We pray that you will lead us, Jesus, because we need you. May your promises and love flow through us and may we embrace every opportunity to share your promises and love with others that we meet.

**Amen**

# How Much Do You Really Know About Rainbows?

Question 1: What causes a rainbow to form in the sky?

- A. Reflection of sunlight on clouds
- B. Refraction, reflection, and dispersion of light in water droplets
- C. Volcanic ash in the atmosphere
- D. Heat waves from the sun

Answer: B

Question 2: How many colours are typically visible in a primary rainbow?

- A. 5
- B. 6
- C. 7
- D. 8

Answer: C

Question 3: Which colour of the rainbow is on the outermost edge?

- A. Violet

- B. Blue
- C. Green
- D. Red

Answer: D

Question 4: What is the order of colours in a rainbow from the inside to the outside?

- A. Red, orange, yellow, green, blue, indigo, violet
- B. Violet, indigo, blue, green, yellow, orange, red
- C. Green, blue, yellow, red, orange, violet, indigo
- D. Yellow, red, green, blue, orange, indigo, violet

Answer: B

Question 5: In which part of the world are rainbows more commonly observed?

- A. Deserts
- B. Polar regions
- C. Tropical rainforests
- D. Mountains

Answer: C

Question 6: What type of rainbow occurs when moonlight is refracted through water droplets?

- A. Double rainbow
- B. Supernumerary rainbow
- C. Lunar rainbow
- D. Primary rainbow

Answer: C

Question 7: Which scientific principle explains the bending of light in a rainbow?

- A. Reflection

- B. Refraction
- C. Diffraction
- D. Absorption

Answer: B

Question 8: What is a double rainbow?

- A. Two rainbows side by side
- B. A rainbow with extra colours
- C. A primary rainbow with a secondary one above it
- D. A rainbow that appears at night

Answer: C

Question 9: Which colour has the shortest wavelength in the visible spectrum of a rainbow?

- A. Red
- B. Green
- C. Blue
- D. Violet

Answer: D

Question 10: What role do raindrops play in creating a rainbow?

- A. They absorb sunlight
- B. They act as prisms to separate light
- C. They block sunlight
- D. They create heat

Answer: B

Question 11: At what angle is a primary rainbow typically seen from the antisolar point?

- A. 22 degrees
- B. 42 degrees

- C. 90 degrees
- D. 180 degrees

Answer: B

Question 12: What is the difference between a primary and secondary rainbow?

- A. Secondary rainbows are brighter
- B. Secondary rainbows have colours in reverse order
- C. Primary rainbows are rarer
- D. There is no difference

Answer: B

Question 13: Which famous scientist first explained the formation of rainbows?

- A. Isaac Newton
- B. Albert Einstein
- C. Galileo Galilei
- D. René Descartes

Answer: D

Question 14: Can a rainbow be seen in the absence of rain?

- A. No, never
- B. Yes, with fog or mist
- C. Only in winter
- D. Only at night

Answer: B

Question 15: What shape is a rainbow when viewed from an airplane?

- A. A straight line
- B. A full circle

C. A triangle

D. An oval

Answer: B

Question 16: Which colour is least likely to be visible in a faint rainbow?

A. Red

B. Yellow

C. Indigo

D. Green

Answer: C

Question 17: How does the size of raindrops affect the appearance of a rainbow?

A. Larger drops make colours brighter

B. Smaller drops create a wider rainbow

C. The size has no effect

D. Larger drops produce a secondary rainbow

Answer: A

Question 18: In mythology, what does a rainbow often symbolize?

A. Bad luck

B. A bridge between worlds

C. Endless night

D. A sign of war

Answer: B

Question 19: What is a supernumerary rainbow?

A. A rainbow with extra colours inside the primary arc

B. A double rainbow

C. A rainbow seen in space

D. A faded rainbow

Answer: A

Question 20: Why might someone never see the end of a rainbow?

A. It moves away as you approach

B. It's an optical illusion

C. Rainbows are too high

D. The colours fade

Answer: B

# Scouting & Girl Guiding Promises

The Promise is a simple way to help young people and adults celebrate their shared Scout or Girlguiding values. Every Scout or Girl Guide promises to stick by these values when they become a member.

It's important that every member has the chance to think about their Promise, and chat through its meaning, before they make their Promise.

## **Beaver Promise**

I promise to do my best and to be kind and helpful and to love God (*Christian*)

I promise to do my best to be kind and helpful and to love our world (*Atheist / No Religion*)

I promise to do my best and to be kind and helpful and to love our world (*Humanist*)

## **Cubs Promise**

I promise that I will do my best

To do my duty to God and to the King (*To Uphold our Scout values, to do my duty to the King*)

To help other people

And to keep the Cub Scout Law

## **Scout Promise / Explorer Promise (and all other adult members of the scout association)**

On my honour

I promise that I will do my best

To do my duty to God and to the King (*To Uphold our Scout values, to do my duty to the King*)

To help other people

And to keep the Scout Law

## **Guide (Rainbows) Promise**

I promise that I will do my best to think about my beliefs and to be kind and helpful.

## **Guide (Brownies) Promise**

I promise that I will do my best

To be true to myself and develop my beliefs

To serve the King and my community

To help other people

And to keep the Brownie Guide Law

# All-age Thought For The Day

Recap Noah's ark - building. This was followed by the flood and all the living things outside the ark being destroyed.

This week's story begins about a year later. The flood had subsided, and they had all left the ark. Noah thanked God for saving them by sacrificing some of the clean animals and birds on it. It seems odd to us, but more on this later. Then God made a covenant promise to Noah and all living creatures - including us.

God gave Noah a fresh start and a beautiful sign to show that He is a faithful promise - keeper.

The great flood was finally over. Noah and his family stepped out of the ark and onto dry ground for the first time in a year. The world felt brand new and clean. God looked at Noah and his sons and gave them a special blessing. He told them to have many children so they could fill the earth again. He gave them new rules for their new life. He explained that every human life is precious because people are made in the very image of God.

God wanted Noah to know that he never had to live in fear of another flood. He made a special agreement called a covenant. This was not just a promise for Noah. It was a promise for every person and every animal that would ever live on the earth. God promised that He would never again use a flood to destroy all living things. The earth was safe because God said it was safe.

To help everyone remember this forever, God put a magnificent sign in the sky. He took His bow and set it in the clouds. He said that whenever a rainbow appears during a rainstorm, He will look at it and remember His everlasting promise. This rainbow shows us that even when the clouds look dark and the rain starts to fall; we can trust God. He is kind and always does exactly what He says He will do.

Today we still see rainbows stretching across the sky after a storm. They are a bright reminder of God's love and His mercy toward the whole world. When we see those colours, we can stop and thank God for being a faithful Father who keeps His word to us and to all His creation.

## **THE JESUS CONNECTION**

The rainbow is a beautiful sign that God prefers mercy over judgment. While the bow in the clouds promised that God would not destroy the earth with water again, it also pointed toward a much greater salvation. God knew that people would still struggle with sin and need a way to be close to Him. Jesus Christ is the ultimate fulfilment of that plan. He took the judgment we deserved so we could live in peace with God forever. While the rainbow is a sign of hope in the sky, the cross is the eternal sign of hope for our hearts.

Jesus' spoke of his death being the sacrifice which began a new covenant between God and people. We are told this in **Luke 22 v. 19, 20** which tells us: 'And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me." 20 In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is

poured out for you'.

The new covenant signs are the bread and wine

depicting Jesus' broken body and poured – out blood.

**(Place bread and a goblet on a table.)** This covenant was

to deal with our sin. Again, the new covenant is

something that God set up entirely without our help. But

we have a role to play as well. If we are to be forgiven, we

must tell God that we are sorry for the things we have

done wrong and ask Jesus to be our Saviour from sin.

Our covenanting God always keeps his promises. Just as

Noah and his family were wonderfully saved from the

judgement of the flood and began a new life after leaving

the ark, so those who trust Jesus will be saved from

judgement and receive the glorious new life of heaven.

---

# Song Suggestion

Majesty, Worship His Majesty



# Promise

## Prayer – 3

Dear Father God, thank You for kneeling down to care for us and for making such a beautiful world. Thank You for the rainbow and for the promise that You will never stop being faithful to Your creation. When we see a storm or feel a little bit scared, help us to look up and remember that You always keep Your word. We thank You most of all for Jesus and for bringing us into Your forever family. We love You and we trust Your perfect plan.

**Amen**

# Gift Day Offering



Today is not only our Promise Sunday but is also our Gift Day Sunday. It is a time when we can sacrificially give financially to the work of the Lord here at Salendine Nook Baptist Church. If you feel that you are able to, then please give generously with a cheerful and grateful heart, praising God for all that he has given to you and share in the finances of the church.

# 'So, What' What Can I Do?

The next time you see a rainbow or even just a dark rain cloud, take a moment to stop and thank God for being a faithful promise - keeper. You can remember that God's promises are true even when life feels stormy or scary. Look for one person this week who might be feeling sad or worried and tell them that God is faithful. By sharing the story of the rainbow, you are helping others see the hope and beauty that God provides after every storm.

# Prayers Of Intercession

Lord, today we recall your faithfulness. Thank you that you walk with us every day, that you are with us always. We proclaim that your promises are true and your goodness and love never fail. In this moment we come to you and lay our lives before you.

May we honour, worship and adore you with every fibre of our being. Father, we proclaim that you are the Holy One, the Lord God Almighty, who was and is and is to come. On this day we join with all those who worship and confess you as Lord, from generations past and present, and with all who sing of your greatness and splendour. Lord we adore you. Lord we love you. Lord we bow down and worship you.

Let us now this morning in groups of 3 or 4 people pray for:

**The World**

**The Community**

**The Church**

**Ourselves**

At the end of these prayers we will say together the words of The Lord's Prayer.

**Amen**

# The Lord's Prayer

Our Father who art in Heaven  
Hallowed be thy name.  
Thy kingdom come, thy will be done,  
On earth as it is in Heaven.  
Give us this day our daily bread  
And forgive us our trespasses,  
As we forgive those who trespass against us.  
Lead us not into temptation  
But deliver us from evil.  
For thine is the kingdom, the power  
And the glory, forever and ever.

**Amen**

---

# Song Suggestion

O Lord My God! When I In  
Awesome Wonder



# Memorising God's Word

## **Genesis 9 v. 13 says:**

'I have set my rainbow in the clouds, and it will be the sign of the covenant between me and the earth'.

## **Hand Motions:**

**I have set:** Extend your hands forward with palms flat.

**my rainbow:** Draw a large arch in the air with one hand.

**in the clouds:** Reach high and wiggle your fingers.

**sign of the covenant:** Hook your pinky fingers together.

**between me and the earth:** Point to your heart, then sweep your arm in a wide circle.

Say this prayer, with short silences in the places indicated during which everyone can think of each Promise that they have written in turn:

Lord God, be close to us to guide us at this time, both today and tomorrow . . .

Lord God, be close to us to share our joy in the things we look forward to

and the Promises that we have made . . .

Lord God, be close to us to make us strong in the things about which we are anxious . . .

And may we be aware of your presence in many ways through many days.

**Amen**

---

# Song Suggestion

I, The Lord Of Sea And Sky



# Blessing

---

We go from here, Lord, with you to guide us;  
may friends and visitors enrich us,  
May what you have revealed to us teach us,

May the Bible and our prayers direct us,  
And so may every step of our journey please you.

**Amen**